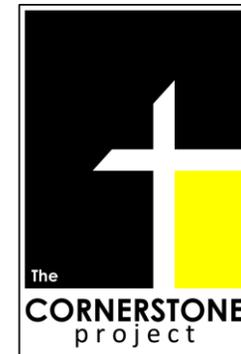


7 Days On Our Knees

A Week of Prayer and Fasting
October 31 – November 6, 2016



The Cornerstone Project
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Covington, KY 41015

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2 Chronicles 7:14-16

If my people who are called by my name
humble themselves, and pray and seek my face
and turn from their wicked ways,
then I will hear from heaven and will
forgive their sin and heal their land.
Now my eyes will be open and my ears attentive
to the prayer that is made in this place.
For now I have chosen and consecrated this house
that my name may be there forever.
My eyes and my heart will be there for all time.

Romans 12:12

Rejoice in hope, be patient in tribulation,
be constant in prayer.

All Scripture is taken from the
English Standard Version
unless otherwise noted.

Day 1

Monday, October 31

A Day of Declaration

“If my people who are called by my name”

Breath Prayer*: Jesus, you are the head of the church. We are your body.

“And he is the head of the body, the church. He is the beginning, the firstborn from the dead, that in everything he might be preeminent. For in him all the fullness of God was pleased to dwell, and through him to reconcile to himself all things, whether on earth or in heaven, making peace by the blood of his cross.”
Colossians 1:18-20

Scripture Meditation: Psalm 130

Morning Prayer Focus: leaders, teachers, and volunteers
(Mt 9:35-38, Acts 20:28)

Evening Prayer Focus: addiction and recovery
(Rom 12:1-2, 2 Cor 3:17, Eph 5:15-20)

Psalm 130

A Song of Ascents.

Out of the depths I cry to you, O Lord!
O Lord, hear my voice! Let your ears be attentive
to the voice of my pleas for mercy!
If you, O Lord, should mark iniquities,
O Lord, who could stand?
But with you there is forgiveness,
that you may be feared.
I wait for the Lord, my soul waits,
and in his word I hope;
my soul waits for the Lord
more than watchmen for the morning,
more than watchmen for the morning.
O Israel, hope in the Lord!
For with the Lord there is steadfast love,
and with him is plentiful redemption.
And he will redeem Israel from all his iniquities.

*Breath prayers are simple, easy to remember and repeat prayers to occupy one's thoughts during the day.

Day 2

Tuesday, November 1

Psalm 91

A Day of Humility
“humble themselves”

Breath Prayer: We are dependent on you Lord, every day in every way.

So neither he who plants nor he who waters is anything,
but only God who gives the growth.

He who plants and he who waters are one, and each will
receive his wages according to his labor.

For we are God’s fellow workers. You are God’s field, God’s building.
1 Corinthians 3:7-9

Yet you do not know what tomorrow will bring. What is your life? For you are a mist that appears for a little time and then vanishes. Instead you ought to say, “If the Lord wills, we will live and do this or that.”
James 4:15-16

Scripture Meditation: Psalm 91

Morning Prayer Focus: ministry partners, cooperation, and fellowship
(Ps 133, Acts 4:32, 1 Cor 3:7-9)

Evening Prayer Focus: dinners, hospitality, peace, and protection
(Jn 17:15, Rom 12:13, Heb 13:2)

He who dwells in the shelter of the Most High
will abide in the shadow of the Almighty.
I will say to the Lord, “My refuge and my fortress,
my God, in whom I trust.”

For he will deliver you from the snare of the fowler
and from the deadly pestilence.

He will cover you with his pinions,
and under his wings you will find refuge;
his faithfulness is a shield and buckler.

You will not fear the terror of the night,
nor the arrow that flies by day,
nor the pestilence that stalks in darkness,
nor the destruction that wastes at noonday.

A thousand may fall at your side,
ten thousand at your right hand,
but it will not come near you.

You will only look with your eyes
and see the recompense of the wicked.

Because you have made the Lord your dwelling place—
the Most High, who is my refuge—
no evil shall be allowed to befall you,
no plague come near your tent.

For he will command his angels concerning you
to guard you in all your ways.

On their hands they will bear you up,
lest you strike your foot against a stone.

You will tread on the lion and the adder;
the young lion and the serpent you will trample underfoot.

“Because he holds fast to me in love, I will deliver him;
I will protect him, because he knows my name.

When he calls to me, I will answer him;
I will be with him in trouble;

I will rescue him and honor him.

With long life I will satisfy him
and show him my salvation.”

Day 3

Wednesday, November 2

A Day of Commitment
“pray and seek my face”

Breath Prayer: Wherever you lead Lord, we will follow.

But seek first the kingdom of God and his righteousness,
and all these things will be added to you.
Matthew 6:33

Scripture Meditation: Psalm 25:1-10

Morning Prayer Focus: coffee talk, revival, and awakening
(Mt 11:25-30, 22:36-39, Acts 4:23-31)

Evening Prayer Focus: vision, wisdom, current and future
building(s)
(Isa 11:1-10, Lk 4:17-21, Acts 2:42-47)

Psalm 25:1-10
A psalm of David.

O LORD, I give my life to you.
I trust in you, my God!
Do not let me be disgraced,
or let my enemies rejoice in my defeat.
No one who trusts in you will ever be disgraced,
but disgrace comes to those who try to deceive others.
Show me the right path, O LORD;
point out the road for me to follow.
Lead me by your truth and teach me,
for you are the God who saves me.
All day long I put my hope in you.
Remember, O LORD, your compassion
and unfailing love,
which you have shown from long ages past.
Do not remember the rebellious sins of my youth.
Remember me in the light of your unfailing love,
for you are merciful, O LORD.
The LORD is good and does what is right;
he shows the proper path to those who go astray.
He leads the humble in doing right,
teaching them his way.
The LORD leads with unfailing love and faithfulness
all who keep his covenant and obey his demands.

Day 4

Thursday, November 3

Psalm 51 cont.

A Day of Repentance
“turn from their wicked ways”

Breath Prayer: Lord, have mercy on your servants when we fail to follow your leadership.

Repent therefore, and turn again, that your sins may be blotted out,
that times of refreshing may come from the presence of the Lord.
Acts 3:19-20a

Scripture Meditation: Psalm 51

Morning Prayer Focus: ministry partners, discipleship, and brokenness
(Lk 9:23-26, Jn 14:23-24, 2 Cor 1:3-7)

Evening Prayer Focus: dinners, families and children, the lost and hurting
(Mt 19:13-15, 1 Tim 5:1-2, Heb 13:4)

Psalm 51

To the choirmaster. A Psalm of David, when Nathan the prophet went to him, after he had gone in to Bathsheba.

Have mercy on me, O God, according to your steadfast love;
according to your abundant mercy blot out my transgressions.

Wash me thoroughly from my iniquity,
and cleanse me from my sin!

For I know my transgressions, and my sin is ever before me.
Against you, you only, have I sinned and done what is evil in
your sight, so that you may be justified in your words
and blameless in your judgment.

Behold, I was brought forth in iniquity,
and in sin did my mother conceive me.
Behold, you delight in truth in the inward being,
and you teach me wisdom in the secret heart.
Purge me with hyssop, and I shall be clean;
wash me, and I shall be whiter than snow.
Let me hear joy and gladness;
let the bones that you have broken rejoice.
Hide your face from my sins, and blot out all my iniquities.
Create in me a clean heart, O God,
and renew a right spirit within me.
Cast me not away from your presence,
and take not your Holy Spirit from me.
Restore to me the joy of your salvation,
and uphold me with a willing spirit.
Then I will teach transgressors your ways,
and sinners will return to you.
Deliver me from bloodguiltiness, O God,
O God of my salvation,
and my tongue will sing aloud of your righteousness.
O Lord, open my lips, and my mouth
will declare your praise.
For you will not delight in sacrifice, or I would give it;
you will not be pleased with a burnt offering.
The sacrifices of God are a broken spirit;
a broken and contrite heart, O God, you will not despise.
Do good to Zion in your good pleasure;
build up the walls of Jerusalem;
then will you delight in right sacrifices,
in burnt offerings and whole burnt offerings;
then bulls will be offered on your altar.

Day 5

Friday, November 4

A Day of Gratitude

“I will hear from heaven and will forgive their sin”

Breath Prayer: There is therefore now no condemnation for those who are in Christ Jesus.

There is therefore now no condemnation for those
who are in Christ Jesus
Romans 8:1

Scripture Meditation: Psalm 103:1-13

Morning Prayer Focus: coffee talk, community services
and agencies, local churches
(Isaiah Mt 7:24-27, Mt 16:13-19)

Evening Prayer Focus: love and thankfulness
(Rom 12:9-12, 1 Jn 4:7-21)

Psalm 103:1-13

Bless the Lord, O my soul, and all that is within me,
bless his holy name!
Bless the Lord, O my soul, and forget not all his benefits,
who forgives all your iniquity,
who heals all your diseases,
who redeems your life from the pit,
who crowns you with steadfast love and mercy,
who satisfies you with good
so that your youth is renewed like the eagle's.
The Lord works righteousness
and justice for all who are oppressed.
He made known his ways to Moses,
his acts to the people of Israel.
The Lord is merciful and gracious,
slow to anger and abounding in steadfast love.
He will not always chide, nor will he keep his anger forever.
He does not deal with us according to our sins,
nor repay us according to our iniquities.
For as high as the heavens are above the earth,
so great is his steadfast love toward those who fear him;
as far as the east is from the west,
so far does he remove our transgressions from us.
As a father shows compassion to his children,
so the Lord shows compassion to those who fear him.

Day 6

Saturday, November 5

Psalm 138

Of David.

A Day of Receiving

“heal their land”

Breath Prayer: Lord we say, “Yes,” to all you desire to do in us and through us.

“But you will receive power when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem and in all Judea and Samaria, and to the end of the earth.”

Acts 1:8

And the Lord will guide you continually and satisfy your desire in scorched places and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters do not fail.

And your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to dwell in.

Isaiah 58:11-12

Scripture Meditation: Psalm 138

Morning Prayer Focus: leaders, volunteers, reconciliation, and restoration

(2 Cor 4:7-18, 5:17-21, Col 3:12-17)

Evening Prayer Focus: healing, hope, and deliverance

(Isa 58, 2 Cor 12:9-10, 1 Thess 5:23-24, James 5:13-16)

I give you thanks, O Lord, with my whole heart;
before the gods I sing your praise;
I bow down toward your holy temple
and give thanks to your name for your steadfast love
and your faithfulness,

for you have exalted above all things
your name and your word.

On the day I called, you answered me;
my strength of soul you increased.

All the kings of the earth shall give you thanks, O Lord,
for they have heard the words of your mouth,
and they shall sing of the ways of the Lord,
for great is the glory of the Lord.

For though the Lord is high, he regards the lowly,
but the haughty he knows from afar.

Though I walk in the midst of trouble,
you preserve my life;

you stretch out your hand against the wrath of my enemies,
and your right hand delivers me.

The Lord will fulfill his purpose for me;
your steadfast love, O Lord, endures forever.

Do not forsake the work of your hands.

Day 7

Sunday, November 6

Psalm 84:1-4, 10-12

A Day of Dedication

“I have chosen and consecrate this house”

Breath Prayer: Jesus is the Cornerstone.

So then you are no longer strangers and aliens, but you are fellow citizens with the saints and members of the household of God, built on the foundation of the apostles and prophets, Christ Jesus himself being the cornerstone, in whom the whole structure, being joined together, grows into a holy temple in the Lord.
Ephesians 2:19-21

Scripture Meditation: Psalm 84

Morning Prayer Focus: worship and evangelism
(Mt 28:18-20, Mark 11:17, Heb 10:24-25)

Evening Prayer Focus: WHATEVER IS LEFT ON YOUR HEART – CONSIDER THIS A BEGINNING AND NOT AN END.

Benediction

May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.
Romans 15:13

How lovely is your dwelling place, O Lord of hosts!
My soul longs, yes, faints for the courts of the Lord;
my heart and flesh sing for joy to the living God.

Even the sparrow finds a home,
and the swallow a nest for herself,
where she may lay her young,
at your altars, O Lord of hosts,
my King and my God.
Blessed are those who dwell in your house,
ever singing your praise!
Blessed are those whose strength is in you,
in whose heart are the highways to Zion.

For a day in your courts is better
than a thousand elsewhere.
I would rather be a doorkeeper in the house of my God
than dwell in the tents of wickedness.
For the Lord God is a sun and shield;
the Lord bestows favor and honor.
No good thing does he withhold
from those who walk uprightly.
O Lord of hosts,
blessed is the one who trusts in you!